

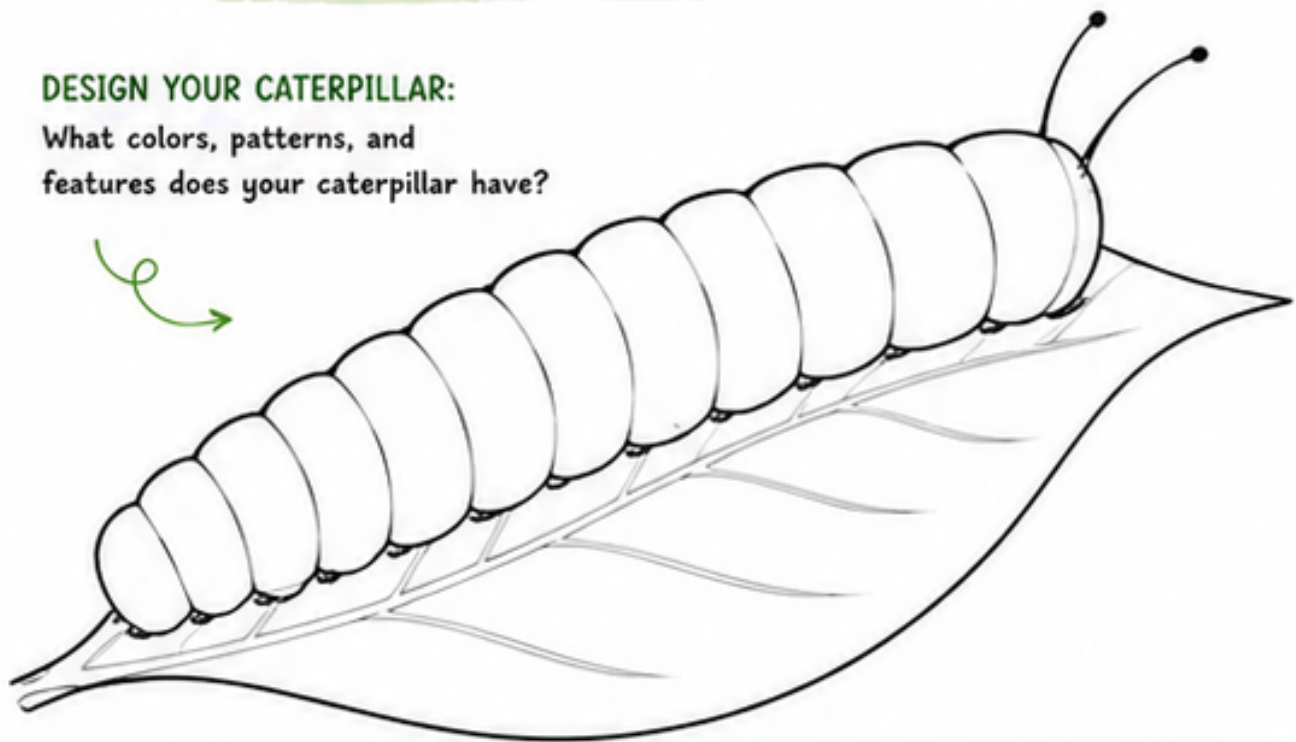
» I AM IN THE «
CATERPILLAR
STAGE

TODAY I FEEL:

I am learning, growing
and getting stronger.

DESIGN YOUR CATERPILLAR:

What colors, patterns, and
features does your caterpillar have?



WHAT I AM LEARNING ABOUT MYSELF:



**THINGS THAT HELP
ME GROW:**

AFFIRMATION:

I am becoming the best version of myself.



I AM IN THE