

MY FAVORITE MEMORIES

Memories shape who we are and remind us of what matters most.

Cut out pictures, words, and images from magazines (or draw your own!) to create a collage of meaningful memories.

CHILDHOOD MEMORY

A memory from when I was a child.



EARLY ADULT MEMORY

A memory from my late teens or early adult years.



A CURRENT MEMORY

A memory from right now.



A MEMORY I WANT IN MY FUTURE

A memory I dream of creating one day.



Dream big!

What do these memories say about you? What makes them special? _____